



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

UPDATED FALL 2018

Schedule Notes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Children 10 and under will be swim tested by the lifeguard staff.	7:00-9:30 Lap Swim		7:00-9:30 Lap Swim		7:00-9:30 Lap Swim		
						9:00-10:00 Lap Swim	
The pool will close during inclement weather or unforeseen maintenance issues.	10:00-11:00 Sr. Water Aerobics		10:00-11:00 Sr. Water Aerobics		10:00-11:00 Sr. Water Aerobics	10:00-12:00 Family Swim Time	
	11:00-12:00 Lap/Family Swim		11:00-12:00 Lap/Family Swim		11:00-12:00 Lap/Family Swim		12:30-2:00 Family Swim
The pool closes for ½ hour following an incident of thunder.	3:30-5:00 Family Swim	3:30-5:30 Family Swim	3:30-5:00 Afterschool Program	3:30-4:30 Family Swim	3:30-5:00 Family Swim	1:30-2:30 3:30-4:30 Pool Rental	2:30-3:30 Pool Rental
				4:30-5:15 Aqua Zumba			
One lane will be open for lap swim during lap/family swim. Please ask guards to set up a line.	5:00-6:00 H2O Aerobics	5:30-6:30 RAYS Swim Team I	5:00-6:00 H2O Aerobics	5:30-6:30 RAYS Swim Team I	5:00-6:00 H2O Aerobics		
	6:00-7:00 Swim Lessons	6:30-7:30 RAYS Swim Team II	6:00-7:00 Swim Lessons	6:30-7:30 RAYS Swim Team II			

**Beginner Swim Lessons for Ages 3 and Up**  
 Call for session dates.  
 Y Members: \$30 per 6 class session  
 Non-members: \$60 per 6 class session

**Private Lessons**  
 Private lessons are available \$20  
 ½ hour individual lesson or \$30  
 ½ hour group lesson with 2 swimmers. Lessons must be taught by a YMCA aquatics staff member. Please speak to the front desk staff for more information.