



2025-2026 ELKINS YMCA BASKETBALL LEAGUE VOLUNTEER COACHING APPLICATION

Thank you for helping make this basketball season a success! To volunteer, please complete the following steps:

- 1) Complete this application form. Return to Nic Casey c/o the Front Desk at the YMCA
- 2) Complete the Redwoods Institute's Online Child Sexual Abuse Prevention for Volunteers Training & the CDC's Concussions in Youth Sports Training
- 3) Commit to attending all practices, clinics, games, and league functions with your greatest effort. This includes the required pre-season coaches meeting, coach's clinic, and draft evaluation nights (Jerry West)

I would like to volunteer as:

Head Coach ___ years of experience

Assistant Coach ___ years of experience

I would like to coach within the following age division:

Mighty Mites K-1st Mighty Mites 2nd-3rd

Jerry West 4th-5th Jerry West 6th-8th

Volunteer coaches receive a 50% reimbursement from program fees once application is submitted and required trainings are completed. Training certificates should be emailed to info@elkinsymca.com.

Name _____ Phone Number _____

Male Female Address _____

City _____ State _____ Zip Code _____

DOB _____ / _____ / _____ Driver's License # _____

T-Shirt Size _____ Email _____

Request for Coach Pairing _____

Requests are not guaranteed. League staff will determine coach pairings based on experience, provided availability, league need, and in regard to overall fairness of the league.

Please mark out "X" potential practice time slots that will **not** work within your weekly schedule. We cannot promise to but will do our best to accommodate your schedule. If you notice your availability to be a challenge, please reconsider if you will have the time to fully commit this season.

Mighty Mites (K-3rd)				
M	T	W	R	F
5:00-5:40	5:00-5:40	5:00-5:40	5:00-5:40	5:00-5:40
5:50-6:30	5:50-6:30	5:50-6:30	5:50-6:30	5:50-6:30
6:40-7:20	6:40-7:20	6:40-7:20	6:40-7:20	6:40-7:20
7:30-8:10	7:30-8:10	7:30-8:10	7:30-8:10	7:30-8:10

Jerry West (4th-8th)				
M	T	W	R	F
5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00
6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00
7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00
8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00

Please list two references and their contact numbers:

1) _____ Phone # _____

2) _____ Phone # _____

CODE OF CONDUCT FOR COACHES

- I will demonstrate the YMCA core values of caring, honesty, respect and responsibility at all times during practice and games.
- I will not use drugs, alcohol or tobacco while in contact with players or on any property that the YMCA is using. Any coach who is under the influence of alcohol or drugs during practices or games will be suspended from coaching.
- I will not criticize players or officials.
- I will accept the decision of the officials as being fair. Should a concern about an official arise, I will refrain from making comments at the game. I will contact the league coordinator following the game in private to voice my opinion.
- I will not criticize the opposing players, coaches or fans.
- I will keep all sports environments safe and clean at all times and follow all YMCA policies and procedures regarding the use of facilities.
- I will not jeopardize a player's health by allowing him/her to enter or re-enter a game once he/she is injured. I will always be alert for any signs that would indicate a safety hazard.
- I will always place the athlete first and winning second.
- I will refrain from using abusive and profane language toward anyone connected with the game or the organization.
- I will play each child equally as mandated by the YMCA, and I will rotate my players equally and fairly.
- I will respond to players, coaches, staff, players, and volunteers with respect and consideration and will treat all people equally regardless of sex, race, religion, and culture.
- I will not transport athletes in my vehicle other than my own child(ren).
- I will not maintain private social media connections or send private, instant, or direct messages to any minor athlete participating in the league.
- In order to protect staff, volunteers, and players, at no time during the YMCA program will I be alone with a single minor child where they cannot be observed by others. I will never leave any player unsupervised.

Please note: To reinforce these standards, coaches receiving technical fouls in games will face consequences that may result in league suspension. Coaches who engage in foul behavior outside of gameplay may result in game forfeits or league suspension. Please take time to read the league handbook to further educate yourself on disciplinary guidelines.

I hereby pledge that I will follow this code of conduct, as well as follow the guidelines from the Youth Basketball League Handbook. Coaches are responsible for conducting a parent meeting to discuss the league's expectations for spectators.

Name (please print): _____ Date: _____

Signature: _____

Elkins/Randolph County YMCA: Release and Waiver of Liability and Indemnity Agreement

NOTICE: THIS IS A LEGALLY BINDING AGREEMENT. Read this document carefully and in entirety. By signing this agreement, you give up your right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of your participation in Elkins-Randolph County YMCA programs or use of the facility/equipment, now or at any time in the future.

Acknowledgment of Risk

I hereby acknowledge and agree that participation in Elkins-Randolph County YMCA programs and use of the facility/equipment comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with participation in activities at the YMCA, including but in no way limited to: (1) slips, trips, and falls, (2) aquatic injuries, (3) athletic injuries, and (4) illness, including exposure to and infection with viruses or bacteria. I further acknowledge that the preceding list is not inclusive of all possible risks associated with participation and that said list in no way limits the operation of this Agreement.

Coronavirus / COVID-19 Warning & Disclaimer

Coronavirus, COVID-19 is an **extremely contagious** virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. **COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Elkins-Randolph County YMCA programs or accessing the YMCA facilities could increase the risk of contracting COVID-19.** The Elkins-Randolph County YMCA in no way warrants that COVID-19 infection will not occur through participation in its programs of accessing its facility.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of my participation in Elkins-Randolph County YMCA programs or use of the facility/equipment, I, _____, the undersigned participant, agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE the Elkins-Randolph County YMCA, its officers, directors, employees, volunteers, agents, representatives and insurers ("Releasees") from any causes of action, claims, or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I, my heirs, representatives, executors, administrators and assigns may have, now or in the future, against the Elkins-Randolph County YMCA on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to the use of the Elkins-Randolph County YMCA facilities/equipment or participation in the Elkins-Randolph County YMCA programs whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In consideration of my participation in Elkins-Randolph County YMCA programming or use of the equipment/facility, I, the undersigned participant, agree to INDEMNIFY AND HOLD HARMLESS Releasees from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to my participation.

I hereby certify that I have full knowledge of the nature and extent of the risks inherent in participation of Elkins-Randolph County YMCA programs or use of the facility/equipment and that I am voluntarily assuming said risks. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, or death, I sustain while participating in Elkin-Randolph County YMCA programming or accessing the facility and that by signing this agreement I HEREBY RELEASE Releasees from all liability for such loss, damage, or death. I further certify that I am in good health and that I have no conditions or impairments which would preclude my safe participation in Elkin-Randolph County YMCA programming or accessing the facility.

I further certify that my date of birth is _____ (MM/DD/YYYY), that my present age is _____, and that I am therefore of lawful age and otherwise legally competent to sign this agreement. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.

IN WITNESS WHEREOF, this instrument is duly executed this _____ day of _____, in the year _____.

Participant Signature

Participant Name (Print Clearly)

SAFE SPORTS TRAININGS FOR VOLUNTEERS

YMCA coaching volunteers are required to complete online child sexual abuse prevention and concussion training prior to volunteering with the Y. Please complete the courses and e-mail a copy of the certificate of completion to info@elkinsymca.com

- Redwoods Institute 'Child Sexual Abuse Prevention for Volunteers'
 - Go to: <https://learning.redwoodsgroup.com>
 - Click 'Create New Account'
 - Agree to the Terms of Use
 - Create your account by completing all required fields. Please include Elkins-Randolph County YMCA as the organization name.
 - Use "6999" as the Organization ID
 - Click 'Create My New Account'
 - Confirm your email address in the email you receive by clicking on link
 - Browse All Courses > Child Abuse Prevention Training for Volunteers

- CDC 'Heads Up: Concussions in Youth Sports'
 - Go to: <https://www.cdc.gov/headsup/youthsports/training/index.html>
 - Select "Launch the Heads Up Course" (right hand side of screen)
 - Follow instructions to register for an account