

2026-27 RAYS SWIM TEAM REGISTRATION

Elkins-Randolph County YMCA

RAYS DIVISIONS

	Requirements	Registration Options
○BEGINNER BRONZE *Introduction to Strokes	Open to ages 5-12. Must be able to swim without assistance. No competitive experience.	Register for 5 Week Sessions (10 Total Practices). Session dates are scattered and will be announced.
○SILVER *Competitive Level I	At least 9 years old with swim team experience with Freestyle and backstroke	Register for Full Season (Sept start), November Start, or December Start in Elkins or WWWC.
○GOLD *Competitive Level II	At least 9 years old with swim team experience with at least 3 of 4 Strokes	Register for Full Season (Sept start), November Start, or December Start in Elkins or WWWC.

PERSONAL INFORMATION

Child's Name: _____ Child's Date of Birth: _____

PARENT INFORMATION

Parent 1: _____ Phone: _____

e-mail: _____ Work Phone: _____

Parent 2: _____ Phone: _____

e-mail: _____ Work Phone: _____

EMERGENCY CONTACT INFORMATION

Emergency Contact Name: _____

Emergency Contact Phone: _____ Relationship to Child: _____

MEDICAL INFORMATION

Child's Insurance Provider: _____ Group Number: _____

Policy Holder Name: _____ ID Number: _____

MEDICAL PERMISSIONS

I give permission to the YMCA to provide routine first aid. In the event of an emergency and I cannot be reached, neither can my emergency contact, I give permission to the YMCA to seek emergency treatment including ordering x-rays, tests and hospitalization as deemed necessary by a physician. I give permission to the YMCA to arrange transportation, by ambulance or YMCA staff if necessary, and to release any records necessary for treatment, billing, or insurance purposes.

I give my permission to the YMCA to provide first aid and any emergency care needed while my child is in their care.

Signature: _____

Please list any medical or health issues the Y should be aware of. Use this space to provide any information about any medical or physical, emotional, or mental health issue that the YMCA should be aware of.

SAFE SPORT MINOR ABUSE PREVENTION POLICIES

SPECTATOR POLICY

While parents may observe practice from viewing stands, the pool deck is closed to all spectators, including parents. If you need to speak to a coach, please schedule a mutually convenient time to meet before or after practice. All meetings must take place over the phone or at the Y.

CELL PHONE POLICY DURING PRACTICES

Swimmers are not permitted to bring or use cell phones during practices or in locker rooms. Coaches are not permitted to use cell phones during practices except for official RAYS business.

ONE-ON-ONE INTERACTIONS between a minor athlete, coach or team representative (who is not the minor's parent or legal guardian) must occur at an observable and interruptible distance from another adult unless under emergency circumstances. Meetings between a minor athlete and a coach or team representative may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under medical emergency circumstances. If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting. Meetings may not be conducted in an athlete or coach's hotel room or other overnight lodging location during team travel.

SOCIAL MEDIA AND ELECTRONIC COMMUNICATIONS

All electronic communication (including social media) from a coach or team representative to participating families in the RAYS must be professional in nature. Coaches or team representatives should communicate information about practices, meets, etc. directly to an athlete's parent or legal guardian. Absent emergency circumstances, if a coach or team representative needs to communicate directly with a minor athlete, the minor athlete's parent or legal guardian must be copied. If a minor athlete communicates to a coach or team representative privately first, the coach or team representative must copy the minor athlete's parent or legal guardian on any electronic communication response to the minor athlete.

Requests to Discontinue

Parents or legal guardians may request in writing that their minor athlete not be contacted through any form of electronic communication. The organization must abide by any such request that the minor athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.

Hours

Electronic communications must only be sent between the hours of 8:00 a.m. and 8:00 p.m., unless emergency circumstances exist, or during competition travel.

Prohibited Electronic Communication

Coaches and team representatives are not permitted to maintain private social media connections with minor athletes associated with the team and are not permitted to accept new personal page requests on social media platforms from minor athletes. Existing social media connections with minor athletes must be discontinued. Minor athletes may "friend" official team pages. Coaches or team representatives must not send private, instant or direct messages to a minor athlete through social media platforms.

TRAVEL

Local Travel consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

Coaches or team representatives must not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must always have at least two minor athletes or another adult in the vehicle, unless otherwise agreed to in writing by the minor athlete's parent or legal guardian.

Team Travel is travel to a competition or other team activity that the team plans.

When a minor athlete travels alone to a competition, the minor athlete's parent or legal guardian must complete a transportation waiver consent and provide it to their coach in advance, and for each competition, for the minor athlete to travel with another adult who is not their parent or legal guardian.

Unrelated coaches or team representatives must not share a hotel room, other sleeping arrangement or overnight lodging location with a minor athlete.

Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age.

Meetings during team travel must be conducted consistent with the one-on-one interactions section of this policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual's hotel room or other overnight sleeping location.

LOCKER ROOMS AND CHANGING AREAS

The designated locker room or changing area must be used when an athlete changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

At no time are coaches or adults permitted to be in a locker room with minor athletes, except under emergency circumstances, or if a parent or legal guardian of the same sex is assisting a young athlete. The parent or legal guardian should notify a coach or team administrator before entering the locker room.

The use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete, coaches, team representatives or any adult is prohibited.

Monitoring

Coaches must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this policy. Locker rooms and changing areas may be monitored by use of the following methods:

- Conducting a sweep of the locker room or changing area before athletes arrive;
- Posting staff directly outside the locker room or changing area during periods of use;
- Leaving the doors open when adequate privacy is still possible; and/or
- Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

PHYSICAL CONTACT

Coaches, team representatives and adults who are not related to the athlete are not permitted to provide any type of massage, rubdown or any physical modality, like assisted stretching.

ACKNOWLEDGEMENT

I acknowledge that I have received, read and understand the Minor Athlete Abuse Prevention Policy. I further acknowledge and understand that agreeing to comply with the contents of this policy is a condition of my participation in the RAYS.

Name: _____ Signature: _____ Date: _____

YMCA PHOTO/AUDIO VISUAL RELEASE

The intention of this release is to provide the YMCA and our training site partners with the permission to use photographs of the team to recognize team achievements and to promote the team within the community.

Parents have a right to refuse agreement to their child being photographed.

All photographs must observe generally accepted photography standards for youth sports:

- Action shots should be a celebration of the sporting activity
- Action shots should not be taken or retained where the photograph reveals a torn or displaced swimsuit.
- Photographs should not be taken from behind swimming blocks at the start of a race or exhibit a child climbing out of the swimming pool.
- Photographs should not be taken in locker rooms or bathrooms.

As the parent/guardian of _____, I consent to the following use of photographic, video images and audio of my child as a YMCA participant. The use of images could include promotional material, the YMCA website and/or local newspapers.

Sharing of photographs on the club's team website ☐ Yes ☐ No

Sharing of photographs with newspaper articles ☐ Yes ☐ No

Sharing of photographs on social media ☐ Yes ☐ No

Name: _____ Signature: _____ Date: _____

RAY'S CODE OF CONDUCT

The YMCA is committed to providing a safe, caring, and friendly environment for all our members. Swimmers, parents, and coaches represent the Elkins/Randolph County YMCA at practice sites and meets and are expected to follow the team's code of conduct during these times.

1. Display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors, parents, and the public in attendance at practices, meets, or team functions.
2. Respect the property at all practice sites and any other facility the team visits or uses. Parents and swimmers are responsible for any intentional damage caused to a site or facility.
3. Promote positive team spirit and morale. Be supportive of other team members' successes. Never interfere with the progress of another swimmer at any time.
4. Be respectful and follow the directions of the coaching staff during practice, meets, and other team activities.
5. Swimmers must stay in the practice area during the entire practice. Swimmers may not leave the supervision of the coaching staff without their direct approval.
6. Parents must stay in the spectator stands and are not permitted on the pool deck.
7. Swimmers should arrive prepared and on time to practice and meets with all necessary equipment. Appropriate attire (warm-up gear) must be worn to and from practices and meets. Swimmers may not arrive or leave dressed in just a bathing suit.
8. Swimmers are not permitted to use cell phones during practices or in the locker rooms.

9. It is the swimmer's responsibility to familiarize themselves with and abide by pool safety rules applicable to the facility where a practice or swim event is being held. These safety rules include but are not limited to the following:
- a) No running on deck or in the locker rooms.
 - b) No diving except where permitted, and in the manner permitted.
 - c) No unruly or disruptive behavior, such as pushing, shoving, yelling on deck or in the locker rooms.
 - d) No towel snapping or hitting.
 - e) No fighting or roughhousing.
10. Bullying of any kind is unacceptable and will not be tolerated. Any athlete who feels that they have been bullied is encouraged to talk to their parents and/or a coach who will address the situation.

ACKNOWLEDGEMENT

I acknowledge that I have received, read and understand the RAYS Code of Conduct. I further acknowledge and understand that agreeing to comply with the contents of this policy is a condition of my participation in the RAYS.

Name: _____ Signature: _____ Date: _____

WAYS PAYMENT POLICY

I understand and agree to follow the policies regarding payment, cancellation, and refunds as outlined in the Parent Handbook:

1. I understand that my child may not participate in RAYS practices or events unless they are properly registered for the team and all required dues are paid in full.
2. I understand that once meet entries have been submitted, I am responsible for all entry fees, regardless of whether my child attends the meet.
3. I understand that meet fees will be automatically charged to the payment method I have provided on file.
4. I understand that if a payment is returned due to insufficient funds, I must make immediate payment. A \$25.00 fee will be charged for each returned payment. Payment must be made in cash, money order, or certified check within 10 business days, and my child may not participate in YMCA programs until payment in full is received.
5. I understand that failure to pay any outstanding fees will result in suspension of all YMCA services until payment is made in full.

I have read and understand the payment policy.

Name: _____ Signature: _____ Date: _____

HANDBOOK ACKNOWLEDGEMENT

Please acknowledge that you have read the parent handbook including sections on the team code of conduct, complaint procedures. The handbook is available for review on the YMCA's website at www.elkinsymca.com or on the RAYS SwimTopia site.

I acknowledge that I have read and understand the policies contained in the parent handbook

Name: _____ Signature: _____ Date: _____

MINOR PARTICIPANT WAIVER, RELEASE, INDEMNIFICATION OF ALL CLAIMS & COVENANT NOT TO SUE

NOTICE: THIS IS A LEGALLY BINDING AGREEMENT. Read this document carefully and in entirety. By signing this agreement, you give up your right and the named minor's right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of the named minor's participation in Elkins-Randolph County YMCA programming or use of the facility/equipment, now or any time in the future.

Acknowledgment of Risk I, in my legal capacity as the parent/guardian of the minor named below, do hereby acknowledge and agree that participation in Elkins-Randolph County YMCA programming or use of the facility/equipment activities comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with participating in programming or using the facility/equipment, including but in no way limited to: (1) slips, trips, and falls, (2) aquatic injuries, (3) athletic injuries, and (4) illness, including exposure to and infection with viruses or bacteria. I further acknowledge that the preceding list is not inclusive of all possible risks associated with participating in Elkins-Randolph County YMCA programming or using of the facility/equipment and that said list in no way limits the operation of this Agreement.

Waiver, Release, Indemnification & Covenant Not to Sue In consideration of my child's participation in Elkins-Randolph County YMCA programming or use of the facility/equipment I, as the parent/guardian of the minor named above, agree to release and on behalf of myself and the minor named above, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE, the Elkins-Randolph County YMCA officers, directors, employees, volunteers, agents, representatives and insurers ("Releasees") from any causes of action, claims, or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I, the named minor, my heirs, representatives, executors, administrators and assigns may have, now or in the future, against the Elkins-Randolph County YMCA on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to the use of the Elkins-Randolph County YMCA facilities/equipment or participation in programs whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In consideration of the named minor's participation in programming or use of the facilities/equipment, I, the undersigned parent/guardian of the named minor, agree to INDEMNIFY AND HOLD HARMLESS Releasees from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to the named minor's participation.

I hereby certify on behalf of myself and the named minor that I have full knowledge of the nature and extent of the risks inherent in program participation and the use of the facilities/equipment and that I, on behalf of myself and the named minor, am voluntarily assuming said risks. I understand that I and the named minor will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor sustains while participating in Elkins-Randolph County YMCA programs or use of the facility/equipment and that by signing this agreement I, on behalf of myself and the named minor, HEREBY RELEASE Releasees of all liability for such loss, damage, or death. I further certify that the named minor is in good health and has no conditions or impairments which would preclude his/her safe participation in Elkins-Randolph County YMCA programs or use of the facility/equipment.

I further certify that I am of lawful age (18 years or older) and otherwise legally competent to sign this agreement, and that I have legal capacity to act as the parent/guardian of the named minor. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.

Participant Name (Print Clearly)

Parent/Guardian Signature

Date

REGISTRATION OPTIONS

BEGINNER RAYS: 5 WEEKS / 10 PRACTICES

Practice Group	Location Option	☐ PAY FOR 5 WEEK PACKAGE
Beginner (Bronze)	☐ YMCA	\$80

FULL SEASON: START PRACTICES WEEK OF SEPTEMBER 21ST

Practice Group	Option	☐ PAY IN FULL	☐ PAY BY SCHEDULED INSTALLMENT. Payments will be scheduled to auto-deduct from your credit card.
Silver	☐ YMCA ☐ WVWC	\$220.00	\$73.33 at registration, October 1st, and November 1st
Gold	3 Days/ Week	\$320.00	\$106.66 at registration, October 1st, and November 1st
	4 Days/ Week	\$385.00	\$128.33 at registration, October 1st, and November 1st

NOVEMBER START: START PRACTICES WEEK OF NOVEMBER 2ND

Practice Group	Option	☐ PAY IN FULL	☐ PAY BY SCHEDULED INSTALLMENT. Payments will be scheduled to auto-deduct from your credit card.
Silver	☐ YMCA ☐ WVWC	\$175.00	\$87.50 at registration and December 1st
Gold	3 Days/ Week	\$250.00	\$125.00 at registration and December 1st
	4 Days/ Week	\$300.00	\$150.00 at registration and December 1st

DECEMBER START: START PRACTICES ON DECEMBER 1ST

Practice Group	Option	☐ PAY IN FULL
Silver	☐ YMCA ☐ WVWC	\$140.00
Gold	3 Days/ Week	\$200.00
	4 Days/ Week	\$240.00

ADDITIONAL FEES

YMCA MEMBERSHIP (REQUIRED FOR SILVER AND GOLD SWIMMERS)

	☐ PAY BY MONTHLY DRAFT ON THE 1 ST OF EACH MONTH	☐ PAY ANNUAL IN FULL
YOUTH 12 & UNDER	\$12/MTH	\$144.00
TEEN 13-18	\$22/MTH	\$264.00

WOULD YOU LIKE TO PURCHASE TEAM SWIM CAP(S)

☐ No, thanks	☐ Single silicone cap \$12.00	☐ Pair of personalized caps (with last name) \$25.00
----------------------------------	---	--

PAYMENT AUTHORIZATION FORM

Credit Card Authorization Form

Please complete all fields. You may cancel this authorization at any time by contacting us. This authorization will remain in effect until cancelled.

Credit Card Information:

Card Type: ☐ MasterCard ☐ VISA ☐ Discover

Cardholder Name (as shown on card): _____

Card Number: _____

Expiration Date (mm/yy): _____

Cardholder ZIP Code (from credit card billing address): _____

I, _____, authorize the Elkins-Randolph County YMCA to charge my credit card above for agreed upon RAYS program and meet fees, and for YMCA membership. I understand that my information will be saved to file for future transactions on my account.

Signature

Date